

VOLUNTEER OPPORTUNITIES!

IN THE COMMUNITY

Want training and mentoring to start up your own eco project?

Residents of South & East Manchester & Trafford

Project leaders: Erika Nagae (East & South Manchester) Joanne Wilkes (South Manchester) Helen Starr-Kedde (Trafford)

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Action for Sustainable Living offers training and mentoring to Local Project Managers. Local Project Managers are volunteers who want to start up their own fun projects for their community. We will help you to inspire and empower people in your community and build greener, sustainable neighbourhoods. Being a Local Project Manager would suit a person who is enthusiastic, self-motivated and in want of guidance and some team spirit. You will need around 6 hours per week to commit to their project for a period of 6 months.

Wild About The Addy, Sharston

Gardeners

Project leader: Sally Yates, Local Project Manager for Sharston

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

The Addy is the Children's Adventure Centre in Wythenshawe. We've created a huge community allotment next to the Addy for the children and community to grow their own veggies. We are looking for people who want to look after the allotment in the future, so if you're after a bit of earth to plant in, or perhaps have an interest in youth work please sign up to help.

Regenesis Squared Growing Project, Whalley Range / Fallowfield border

Gardeners

Project leader: Debbie Rhind, Local Project Manager for Fallowfield

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

We are looking for local residents interested in gardening and food growing to help in the early stages of this exciting gardening project! We will be growing veggies in the grounds of Regenesis Squared, an interfaith community hub. We are now working on the plot layout design, doing the initial digging and starting seedlings. Get in touch if you are willing to give a helping hand.

Energy Action, Whalley Range

Community volunteers

Project leader: Keith Moret, Local Project Manager for Whalley Range

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Energy Action is a community engagement activity. We will be visiting a particularly fuel poor area of Whalley Range to talk about energy saving, renewables and getting householders to take energy actions. We are looking for volunteers who are confident to talk to householders – this role would suit someone who is outgoing and personable. Energy efficiency training will be provided for all taking part.

Resilient Homes, Timperley

Community volunteers

Project leader: Tony Li, Project Coordinator

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Researchers from the University of Salford have suggested that householders will invest in property-level protection against climate change if they are offered a choice of cash-equivalent rewards. E.g. If a household invests £200 on energy-efficiency improvements to their home, the household benefits from a selection of rewards worth up to £200, such as veggie boxes or travel vouchers. Our project will discover if this research works in the real world. We are looking for confident people to join us in promoting the benefits of this scheme to residents in Timperley and encouraging them to adopt measures to make their homes more energy efficient and resistant to flooding.

Freestyle Fashion Swap Shop, Sharston & Levenshulme

Volunteers with an interest in ethical fashion

Project leaders: Stella Krueger, Local Project Manager Sharston / Wendy Allport, Local Project Manager Levenshulme

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Do you fancy getting involved with the planning and organising of a highly successful event? Like the idea of encouraging people to swap and not shop? Swap Shop coordinators in Sharston are looking for regular volunteers to help them run and promote their Swap Shops.

Natural Recovery, Sale

Gardeners

Project leader: Carolina Sacarini, Local Project Manager for Sale

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

We are looking for experienced and non-experienced volunteers to help in the early stages of this exciting gardening project! We will help residents of the Syrian House, who are people with mental health problems, to green their garden. We will have vegetables, flowers, bushes, living walls and we will encourage wildlife to visit our nice garden!

Moss Side Green Group, Moss Side

Action Group Members

Project leader: Andrew Chinuck, volunteer Local Project Manager for Moss Side

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Are you someone that cares about Moss Side? The Moss Side Green Group is a new residents' action group in Moss Side. The purpose of the action group is come up with innovative solutions to local social and environmental problems, that will turn into community projects for you and your community to take part in.

VOLUNTEER OPPORTUNITIES!

FROM HOME / FROM OUR OFFICE

Office Volunteer

Project leaders: Sarah Irving, Office Manager. Harriet Cooper, Administrator

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

We are looking for a volunteer to join the office administration team for one or two mornings a week. You will learn how to do administration and web publishing. This role is suitable for someone with good IT skills and who likes new challenges. In the past different Office Volunteers have enjoyed doing some of the following: organised events, writing and publishing newsletters, updating the afsl website, working on social media, carrying out risk assessments, research, graphic design, fact finding, making resources, taking minutes, answering the telephone, securing give away freebies, and looking after the computers.

Translators

Project leaders: Annabel Bradbury, Volunteer Coordinator

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

We are looking for a volunteer to join the office administration team for one or two mornings a week. You will learn how to do administration and we would like to widen participation in our community events and projects by advertising in a number of languages. We are looking for people with fluency in: Arabic, Cantonese, Polish, Punjabi, Mandarin, Romanian or Urdu. Your role will be to help our teams of volunteers to appeal to a greater audience by translating posters and by attending events as a guide for non English speakers.

Social Media Volunteers

Project leaders: Annabel Bradbury, Volunteer Coordinator

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

We're looking for a volunteer to look after our Facebook page. As a Facebook volunteer you would spend ten minutes every few days checking over the pages to make sure they're okey dokey and up to date. If you're not a member already join us at www.facebook.com/action.for.sustainable.living ! A great opportunity to get more people involved in sustainable living and get some IT know-how! We need your energy and eye for detail to lead on keeping the page up to date. We'd love to engage with a larger audience and connect with other worthy local charities through Facebook. Training is provided for a confidence boost.

Be our mascot for a day, Manchester & Trafford

Events volunteers

Project leader: Annabel Bradbury, Volunteer Coordinator for Action for Sustainable Living

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Do you like dressing up? We regularly have events featuring our mascot, Snowy the Polar Bear. If you'd like to volunteer in a fun and informal way by wearing the Snowy costume at our rallies please step forward with your best polar bear impression. This is a good opportunity to get to know Action for Sustainable Living's volunteer team and to gain a better understanding of the organisation.

Poster / Flyer Designer

Project leaders: Annabel Bradbury, Volunteer Coordinator

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Our local events need a visual presence. We're looking for artists, illustrators and graphic designers who can show off their talents by making slick promotional posters, flyers and web-artwork in line with our branding, but with a local twist. We're very interested in being greener when it comes to printing and hope to develop future artwork to be more environmentally friendly.

Graphic Design Volunteer to Help Make a Website

Project leaders: Iain McCleod, Local Project Manager for Urmston

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

We are looking for a graphic designer to join a team to help create a community skill share website in Urmston. We would like the volunteer to have some knowledge of designing for website use. We would like a volunteer who understands W3C standards and WAI web accessibility guidelines. The project is an exciting one, with lots of scope for innovative ideas. If you feel you have the enthusiasm and skills then please sign up.

IT Volunteers

Project leaders: Sarah Irving, Office Manager. Thomas Salvini, Friend of the Board.

Contact: [Annabel Bradbury volunteer@afsl.org.uk](mailto:Annabel.Bradburyvolunteer@afsl.org.uk)

Join our diverse team of IT volunteers to provide support to the charity in its day to day running, development and one off projects. We are always looking for talented IT professionals – if this is your area of interest we welcome you to join a small friendly team of volunteers skilled in Drupal, Microsoft, Linux, Pearl and much more. Monthly volunteering evenings with a like-minded eco crowd, curry is usually ordered in.